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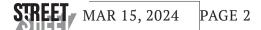
STREET SHEET IS SOLD BY HOMELESS AND LOW-INCOME VENDORS WHO KEEP 100% OF THE PROCEEDS.

STREET SHEET IS READER SUPPORTED, ADVERTISING FREE, AND AIMS TO LIFT UP THE VOICES OF THOSE LIVING IN POVERTY IN SAN FRANCISCO.









A Note from Sacramento Homeless Organizing Center (SHOC) to Our Sacramento Readers

Hello San Francisco! Hello Sacramento!

The Sacramento Homeless Organizing Committee (SHOC)_ is now publishing news and views from the capital city in San Francisco's Street Sheet. SHOC has published Homeward Street Journal, our local homeless paper, for over 20 years, providing thousands of issues for distribution on our city's street corners and in its encampments, supporting unhoused vendors and uplifting the movement for housing for all.

Now we are moving in a new direction.

There could not be a better moment for communities of unhoused people to unite in our region, combining resources and readerships as they widen their distribution and support of street newspapers. After all, the struggle for housing is common to our communities. New initiatives to make poverty and homelessness a punishable offense, and new policies to fund and carry out cruel sweeps, confiscations, and displacements are multiplying across the state.

We need a voice at every city hall and at the capital itself; we need a public that is aroused and aware, ready to take action and speak out; and we need to reach the people on the streets and in the shelters of Sacramento who want to know what is happening not only locally but in our sister cities in the Bay Area and beyond.

BERNAL RV RESIDENTS FACE DEADLINE WITH NO EXIT PLAN

The San Francisco Municipal Transportation Agency (SFMTA) recently began enforcing a ban on overnight parking on Bernal Heights Boulevard, endangering the homes of RV dwellers who have parked there for years. Now, the RV residents are

parking would be enforced. A few days later, the city installed signs to the same effect. Kelly added that the RV residents were later told by Supervisor Hillary Ronen's office they would have a grace period until March 28 before their RVs would

P EEP



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COALITION ON HOMELESSNESS

The STREET SHEET is a project of the Coalition on Homelessness. The Coalition on Homelessness organizes poor and homeless people to create permanent solutions to poverty while protecting the civil and human rights of those forced to remain on the streets.

Our organizing is based on extensive peer outreach, and the information gathered directly drives the Coalition's work. We do not bring our agenda to poor and homeless people: they bring their agendas to US.



The Street Sheet is a publication of the Coalition on Homelessness. Some stories are collectively written, and some stories have individual authors. But whoever sets fingers to keyboard, all stories are formed by the collective work of dozens of volunteers, and our outreach to hundreds of homeless people.

Editor: TJ Johnston Vendor Coordinator: Emmett House Artistic Spellcaster: Quiver Watts

Cover Art: Roger Peet @toosphexy

Marisa Kendall, Jack Bragen, TJ Johnston, Cal Matters, Chris Arvin, SF Ethics Commission

Street Sheet is published and distributed on the unceded ancestral homeland of the Ramaytush Ohlone peoples. We recognize and honor the ongoing presence and stewardship of the original people of this land. We recognize that homelessness can

protesting their impending eviction.

Two neighborhood residents—Armando Martinez, who lives in an RV on Bernal Heights Boulevard, and Flo Kelly, a traditionally housed neighbor-gathered vehicularly housed residents to give public comment at the March 5 SFMTA board meeting. The RV dwellers told the board how enforcing a parking ban would negatively impact them.

Kelly and Martinez told Street Sheet that they only found out about an overnight parking ban on the south side of Bernal Heights Boulevard when the San Francisco Chronicle reported on February 21 that a long dormant law preventing overnight

be ticketed or towed

But Martinez told the board that parking control officers and police had started issuing tickets despite the promised grace period. "Yesterday [March 4] around 11 p.m., an MTA person came and gave everyone tickets for \$108 because [we] were parked after 10 p.m.," he said.

"I spoke with him and he agreed not to give the RVs tickets, but he ticketed all of the cars [owned by RV residents]," he continued. "Subsequently, at 5 in the morning, a policeman who has been visiting us frequently and harassing me and others arrived and gave everybody a ticket on behalf of the police department, and then he harassed some of the people. He had a billy

not truly be ended until this land is returned to its original stewards.

ORGANIZE WITH US

HOUSING JUSTICE WORKING GROUP TUESDAYS @ NOON The Housing Justice Workgroup is working toward a San Francisco in which every human being can have and maintain decent, habitable, safe, and secure housing. This meeting is in English and Spanish and open to everyone! Email mcarrera@cohsf.org to get involved!



HUMAN RIGHTS WORKING GROUP WEDNESDAYS @12:30 The Human Rights Workgroup has been doing some serious heavy

lifting on these issues: conducting direct research, outreach to people on the streets, running multiple campaigns, developing policy, staging direct actions, capturing media attention, and so much more. All those down for the cause are welcome to join! Email lpierce@cohsf.org

EVERYONE IS INVITED TO JOIN OUR WORKING GROUP MEETINGS!

BERNAL RV DWELLERS: "WE DON'T HAVE ANYWHERE ELSE TO GO"

club out and he smashed it against the RV asking them to come out, etc., etc. I don't want to belabor this, but it is not fun." **"We don't have**

Another resident, who did not give her name, also reported that the police visited earlier on March 5 and tried to intimidate her into leaving, despite the promised grace period.

"We don't have anywhere else to go," she said in Spanish, which Martinez translated. "We rented anywhere else to go," she said in Spanish, which Martinez translated. "We rented before and we had to leave and ended up [in an RV]. We like it there because it is a peaceful place. ... Because we have dogs we find it difficult to find another place to rent.

before and we had to leave and ended up [in an RV]. We like it there because it is a peaceful place. ... Because we have dogs we find it difficult to find another place to rent.

"My husband received the brunt of the policeman's anger, and it seemed that the policeman wanted to hit my husband and asked if my husband was crazy," the resident said. "But my husband just wanted to make coffee and heat up my home for the dogs."

Darwin Pena, another RV resident, also addressed the board. Speaking in Spanish with Martinez translating, he told the board that his fellow RV residents respect the law and their neighbors.

"The only thing we can tell you is that we ... take care of the property and vehicles," he said. "There are other people who park late at night who throw garbage and leave the garbage. We pick up that garbage. We say hello to all the passersby. We clean the park; we clean up after everyone, not just us." suing \$250 tickets to four RVs with expired registration on March 7 and again on March 11.

> San Francisco's most recent Point In Time survey found that 24% of the city's 4,397 unsheltered homeless people were sleeping in a vehicle. Many do so with the SFMTA's tacit approval. Indeed, Martinez told Street Sheet that representatives from the SFMTA historically notified the RV residents before

they began ticketing for long term parking, allowing them to temporarily relocate to avoid citations.

San Francisco may now be enforcing restrictive parking laws because it lost its right to tow vehicles for unpaid parking tickets: In July 2023, the California Court of Appeals declared that towing lawfully parked vehicles for unpaid parking tickets violates the state constitution. Towing vehicles for unpaid parking tickets—a practice activists call "poverty tows"-cost taxpayers while robbing RV and vehicle residents of their safety and security. After the ruling, Sasha Ellis, a supervising attorney at Bay Area Legal Aid, noted, "The court's important ruling recognizes that towing practices can have dramatically inequitable impacts on low-income drivers, often disproportionately from Black and brown communities, including losing access to possessions, employment and even one's primary shelter."

tain their vehicles, which [provide] a form of shelter and transportation."

Eleana Binder, policy manager at GLIDE and an organizer with the End Poverty Tows Coalition, noted that new parking restrictions have been emerging across San Francisco. She said that there have "recently [been] attempts to restrict legal parking [with a] shift to four-hour parking, angled parking [or] finding existing laws ... narrowing the areas where parking is allowed."

For example, the Great Highway was recently redesigned to feature angled parking, which cannot accommodate RVs, in order to expel vehicularly housed residents.

"State law and ongoing court cases limit the City's ability to enforce posted parking regulations," District 4 Supervisor Joel Engardio said in an interview with the San Francisco Neighborhood Newspaper Association. "Tickets can be issued, but towing is no longer allowed in most cases. That's why I asked the SFMTA board of directors to reconfigure Lower Great Highway from Lincoln to Kirkham from parallel to angled parking." The new restrictions will go into effect this month.

The February Chronicle article about RVs on Bernal Heights Boulevard suggests that RV residents in the neighborhood might move into the vehicle triage center at Candlestick Park. But as the San Francisco Standard has reported, the triage center has failed to provide many promised services , including electricity. Martinez told the Chronicle that he was concerned he was going to feel "like [he was] being forced go," he said. "I especially have my dogs, and the shelters won't allow my dogs."

The Chronicle article states that when restrictive parking laws go into effect, "RVs rousted from one neighborhood merely gravitate towards another." Binder identified a similar concern. "We're trying to get the City to find a more sustainable solution. Pushing people from neighborhood to neighborhood is not a sustainable solution. A safe parking site where people can access more services and housing is a sustainable solution. Affordable housing is a sustainable solution."

Binder added that in order for a vehicle triage center to be a good option, it may need to be located in the same neighborhood where an RV was already parked. She said, "People in RVs have lives just like everyone else. They have jobs, take their kids to school ... People want to stay in the area [where they have parked] and have a safe parking spot in that area while they're trying to get into permanent housing."

Kelly believes that the root of the parking ban may have been complaints from housed neighbors about the RV community, including incendiary and untrue social media posts. Martinez said he was surprised "how easy it is for one neighbor to set in motion [the displacement] by complaining."

Not all traditionally housed Bernal Heights residents share these views. Kelly collected approximately thirty letters of support from her traditionally housed neighbors for her neighbors living in RVs and delivered the letters to Mayor London Breed's office, the SFMTA board and others. Martinez said that despite a vocal minority he had also received "a lot of support" from many of his housed neighbors.

In an interview with Street Sheet, Martinez shared that SFMTA told him and other residents that their tickets for late-night parking would be forgiven and that no more parking tickets would be issued until the grace period ends on March 28. But, Martinez reported, police officers have been finding other reasons to ticket the RV owners, including isThe End Poverty Tows Coalition, a group of over 80 community-based organizations, is fighting to end police practices that harm poor and marginally housed people, including the seizure of vehicles for unpaid parking tickets, expired registration or long term parking. Their efforts are backed by the experts: A recent study from UCSF Benioff Homelessness and Housing Initiative recommended "increasing opportunities for individuals to reinto a refugee camp."

Martinez explained that he found the rules of the center, which he believed to include a ban on visitors, as the one in Bayview does, to be "extremely restrictive." At 59, he also expressed concerns about his age and health, which he believed would suffer at a shelter or campsite. Regardless, Martinez told Street Sheet that none of the RV residents had been offered a space at the vehicle triage center as of March 7.

Pena emphasized another concern in his public comment to the SFM-TA board. "There's no other place to After hearing of the complaints, Martinez's fellow RV residents have asked him: If they "don't want us here, how can we stay here?" Some have already left. Martinez has told the community that it remains to wait until he finds somewhere else for them to live.

But, he told Street Sheet, "I'm not sure there is anywhere to go."

MAR 15, 2024 PAGE 4

SF PUBLIC EMPLOYEES UNION: NEWLY PASSED F IS UNWORKABLE

Proposition F, the measure that requires welfare recipients to be referred to drug screening if suspected of drug use, was approved by 58% of San Francisco voters in the March 5 primary election.

Prop. F passed with less than half of the City's registered voters casting a ballot, and did so despite opposition from various political and advocacy organizations, medical providers, media outlets and labor unions.

Two days after the election, Service Employees International Union Local 1021 announced that it was moving to void the result. The union filed an unfair practice charge with the state's Public Employment Relations Board, alleging the City failed to inform and negotiate with the union before Mayor London Breed placed the measure on the ballot. The union also asked the state board to hear the case immediately. Last month, the local's lawyer wrote to the City Attorney's office, demanding that the measure be struck from the ballot citing the same reasons, but missed the deadline for removal.

Local 1021, San Francisco's largest public-sector union, represents around 16,000 workers across City agencies tasked with serving lowincome and unhoused San Franciscans, including clinicians who would administer drug screening to people enrolled in the County Adult Assistance Program (CAAP).

In a press statement, SEIU Local 1021 president Theresa Rutherford said, "At a time when City eligibility workers, social workers, health care workers and other vital public service classifications are critically short-staffed, adding new requirements, processes and responsibilities to their daily workload makes Proposition F all but impossible to execute fairly and consistently without substantial new investment in staffing, training and worker safety."

Rutherford said homelessness and overdose rates will continue to climb after the proposition takes effect. "All of this will further negatively impact City employees' working conditions, not to mention exacerbating the very problems Prop. F claims to address," she

added.

Another concern with Prop F. is that it presumes a

plentitude of available treatment options. The City has 575 substanceuse treatment beds available at Cityrun facilities, with fewer than 100 open beds.

Currently, housed CAAP recipients receive up to \$697 per month, while unhoused ones get \$105. Most recipients use the money to pay for housing or shelter, through the Care Not Cash program. Recipients who are physically able must partici-

pate in a "workfare" program, but can forgo the requirement if they voluntarily enter a drug treatment program.

Under the new measure, a recipient must enter a treatment pro-

gram if they test positive for illicit drugs or miss a screening appointment, or risk losing their welfare check—and whatever housing is attached to it.

That worries Jennifer Esteen, a psychiatric registered nurse at the San Francisco Department of Public Health who is chapter president of SEIU Local 1021. She esti-

"They'll avoid using

services out of fear

of the long arm of

the law," she said.

"It's a war on the

people of lower

classes. It's unfair

to criminalize

people experiencing

poverty. The

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drug use does not

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use is not limited by

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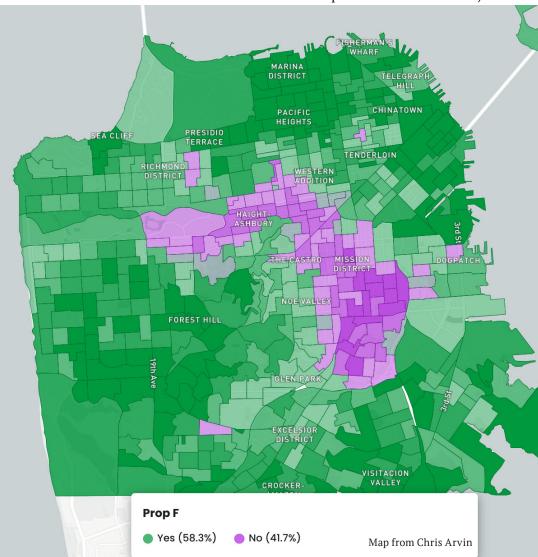
mates about 2,000 people currently enrolled in the program will lose their benefits, and other in need won't apply at all.

"They'll avoid usin services out of fear of the long arm of the law," she said. "It's a war on the people of lower classes. It's unfair to criminalize people experiencin poverty. The statistics of true drug us does not explain that drug use is not limited by poverty.

Esteen noted that

her department is short on clinicians needed to conduct the screenings. Even if the City hires enough clinicians, new workers would likely be hired on a contract basis. Esteen said contract workers don't have the same level of commitment as regular employees.

"Our municipal employees tend to have strong training," she said. "However, short staffing tends to lead people to take shortcuts and lead them to make mistakes."



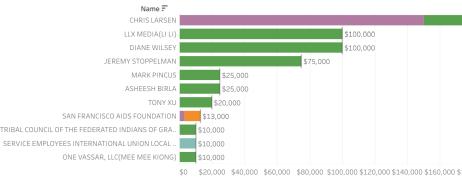
Received Funds

Shows funds received by committees as monetary contributions, non-monetary contributions, loans, miscellaneous increases to cash, and funds reported or with the SFEC by committees that file with another jurisdiction are not reflected here.

Contest	Candidate or Measure	Ŧ	Position	Committee Name		
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	DEPENDENCE SCREENING A	AND	OPPOSE	REDUCE SF'S HOMELESSNESS; A CO	\$38,53	1
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Itemized Contributors

Contributors are listed as reported by committees. This may lead to individual contributors listed under different name variations (eg "Josh Norton" and "Joc Financial disclosures for contributors that are committees may be available. Refer to the "Local General Purpose and State Committees Dashboards" page of



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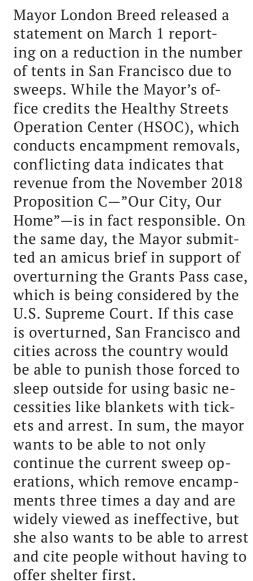
TJ JOHNSTON

g

- The idea of drug-testing welfare recipients has a checkered past in the United States. The American Civil Liberties Union has found that drug testing welfare recipients is costly and ineffective. New York and Maryland considered similar programs but scuttled the plans after finding the additional costs too expensive.
- g A 1999 Michigan law requiring drug testing of welfare recipients was struck down as unconstitutional by a federal appeals court in 2003. Other states who considered testing programs later rejected the idea for legal, fiscal and practical reasons.

The recent success of Prop F. shows the politicization of poverty and addiction continues unabated. Jennifer Friedenbach, director of the Coalition on Homelessness, the homeless advocacy organization that publishes Street Sheet, said that "voters got a misleading and performative ballot measure that demonizes welfare recipients rather than help them."

She added, "San Francisco deserves better. Those suffering from addiction deserve actual solutions and real opportunities for treatment, not false promises and election year politics."



Approved by voters in November 2018, Prop. C is a tax on corporate income above \$50 million that must be spent on housing,

sions since 2021 and more housing and services to come into place this fiscal year. By July, San Francisco's Prop. C fund should have placed more than 4,000 households in housing, including youth, families, elders, working people and people with disabilities who have had the unfortunate experience of living without a place to call home. Housing is accessed primarily by unhoused people directly in the coordinated entry system. By contrast, the expensive HSOC operations touted by the Mayor account for a limited number of temporary shelter placements. Still, community members are pushing toward actual solutions, said Jennifer Friedenbach, executive director of the Coalition on Homelessness.

NEEPS D

"Despite both the Mayor's opposition to increased homelessness solution funding and a costly and ineffective street operation, community efforts to turn the tide on homelessness are in full swing," she said. "Homelessness sweeps exacerbate homelessness with lost paperwork, and interrupted contact with outreach workers, while increasing morbidity and the suffering of those forced to sleep rough after having their survival gear confiscated by the city. That said, unhoused people are resilient and they are overcoming great odds and a tangled bureaucracy to access services and housing at record numbers."

streets. In comparison, there are a few hundred tents in SF. The city frequently illegally destroys individuals' survival gear, as evidenced in our lawsuit against the city.

MAR 15, 2024

PAGE 5

Several studies and prominent national guidelines stand in sharp contrast to the City's current practice of clearing encampments with force and without the adequate offer of shelter. HSOC sweeps can involve 15 to 22 City personnel from five different departments, outnumbering the number of people in tents at the operation, who spend most of their time standing around. Unhoused people may move, only to be displaced again as they have nowhere to go.

The constitutional protection that has been in place since Martin v. Boise provides a slender right that essentially forces local governments to at least offer shelter before they can cite and arrest unhoused people, or threaten to do so. This creates pressure on local governments to address the humanitarian crisis, instead of trying to push people out of sight. Since mass homelessness began in the United States in the early 1980s, local governments have used police to manage the issue. This has backfired because it wastes resources and exacerbates homelessness. Constitutional protection not only prevents cruel punishment, but also moves us towards real solutions to the lack of housing. The Supreme Court will hear oral arguments on the Grants Pass case on April 22.

Graphs from the SF Ethics Commission

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treatment, shelter and prevention. The measure was placed on the ballot by the Coalition on Homelessness. Mayor Breed was one of the few elected officials at the time who opposed the measure. Although Prop. C was delayed in court for two years, the funds have slowly rolled out and the impacts are now being realized. According to the 2022–23 fiscal year annual report, Prop. C housed 2,272 households, and it provided homelessness prevention services to over 13,000 individuals, behavioral health services to 8,686 individuals and shelter to 2,772 individuals in that time period. This is in addition to service expan-

Counting fewer tents does not necessarily indicate a reduction in homelessness and is a poor measure of progress on the issue. Most unhoused people in San Francisco are sleeping rough, in shelters, or other locations not meant for human habitation. According to the latest available figures from the City's Pointin-Time Count, there were 7,754 total unhoused individuals, of whom 4,397 were living on the

We all agree that homelessness is a crisis that requires focused attention and urgent action. We urge the City of San Francisco to continue to invest in proven solutions like Prop. C, which lead to lasting housing.

STREE MAR 15, 2024 PAGE 6 IT'S NOW SIGNIFICANTLY MORE **DEADLY TO BE HOMELESS.** WHY ARE SO MANY PEOPLE DYING?

Story reprinted from CalMatters

For many people, living on the streets of California is a death sentence.

That's according to a recent study that took the first deep look into mortality rates in homeless communities throughout the country. It found the death rate more than tripled between 2011 and 2020. The findings make it clear that at the same time the number of homeless Californians is soaring, it's also becoming more dangerous to be homeless. And it means the stakes are skyhigh when it comes to state and local efforts to combat the crisis: People's lives are on the line.

The study's co-author, Matthew Fowle of the University of Pennsylvania, said the 238% increase was "astonishing."

"It's unlike any other mortality trend that we really see in demography," he said. "It's comparable to something like a natural disaster or war."

Overdoses played a major role in the deaths studied. But people also are dying at increased rates of things that might be avoided if they had a home or regular access to preventative medical care, such as heat and cold exposure, traffic injuries, cardiovascular disease and diabetes.

"It's just so hard to do that when you're living on the streets or living in a shelter," Fowle said. "Your main concern is, 'Can I stay warm and dry for the night? Can I get enough food to eat?' You can't think about these other longer-term things that might be affecting your health until, in many cases, it's too late."

MARISA KENDALL, CALMATTERS

the first to look at death rates and causes of death in homeless communities nationwide. Data on this subject is spotty, as the feds and most states (including California) don't require medical examiners to list someone's housing status in their death records. Fowle's study looked at 22,143 deaths of homeless residents in 22 localities across 10 states and Washington, D.C. including eight California counties. The death rate across all 22 localities increased from 814 per 100,000 homeless residents in 2011, to 2,752 per 100,000 homeless residents in 2020.

Among the general population, the nationwide mortality rate was much lower: 1,027 deaths per 100,000 people in 2020, according to the Centers for Disease Control and Prevention.

In California, the study looked at Alameda, Los Angeles, Orange, Sacramento,

San Diego, San Mateo, Santa Clara and Solano counties. In those counties, the mortality rate more than doubled between 2015 and 2020. Some of those counties didn't start collecting data until 2015.

Like most information on

unhoused populations, the data has limitations. For example, it uses mortality rates based on the federally mandated point-in-time population counts, which are inexact estimates of the country's homeless communities.

Housing Initiative at Penn. But deaths also may be driven by new efforts throughout California and beyond to crack down on people sleeping in public places, he said. When people use drugs in a homeless encampment surrounded by people they know and trust, or even alone on a busy downtown street, there's a greater chance someone will see them and intervene if they overdose. If law enforcement breaks up their camp and pushes them out of downtown, they often go to isolated areas such as creek beds, where they're harder to help in an emergency.

When someone is displaced from their camp, they also become less able to access a safe supply of drugs – putting them at greater risk for consuming something laced with fentanyl, said Dr. Margot Kushel, director of the UCSF Benioff Homelessness and Housing Initiative.

Another reason being homeless has become more deadly? The homeless population is getting older, Kushel said.

The number of Californians 55 and older who sought homelessness services soared 84% between

2017 and 2021, according to the state's Homeless Data Integration Deaths attributed to cardiovascular disease, the second-leading cause of death, increased 172% between 2011 and 2020. Other causes that saw major increases include diabetes, infection, cancer, homicide and exposure.

Being homeless is incredibly bad for your health, Kushel said. As soon as someone loses their housing, everything else starts to fall apart. Drug use tends to get worse, people lose the medication that treats their chronic illnesses, and they don't go to the doctor for preventative care because they're too busy worrying about where they'll sleep or what they'll eat. That means something like a small infection can turn lifethreatening quickly.

And once someone is diagnosed with a serious illness, treatment is much harder on the street. A recent study of veterans with cancer, co-authored by Kushel, found that those without housing were 10% to 20% more likely to die than those with housing. Even for veterans who started out homeless during the study, once they found housing, their risk of dying plummeted.

"There is increasing evidence that you can prevent a lot of these deaths just by getting people housed," Kushel said.

Clinicians who treat people on the street are watching in real time as conditions for their patients become more deadly. Whenever outreach workers call Dr. Susan Partovi, medical director of Homeless Health Care Los Angeles and author of the memoir Renegade MD, the first thing she asks is "Who died?"

Being homeless is incredibly bad for your health, Kushel said. As soon as someone loses their housing, everything else starts to fall apart.

Some of the increase in the mortality rate may be attributable to county death records keeping better track of who is homeless, Fowle said. Other than that, he and his team aren't sure what else is behind the rising death rates more research is needed, he said.

"Clearly something is occurring across the country," Fowle said.

The study, published this month in health policy research journal Health Affairs, appears to be

Nationwide, drug and alcohol overdoses were the leading cause of fatalities, accounting for nearly a third of all deaths. Overdoses caused 986 deaths per 100,000 unhoused people in 2020, a 488% increase from 2011.

The opioid crisis and the increased prevalence of fentanyl played a huge role in those numbers, said Fowle, a postdoctoral fellow at the University of Pennsylvania's

System. That's compared to a 43% increase across all age groups. People become homeless for the first time after age 50 with more frequency now.

"As the homeless population continues to age, you're just going to see death rates keep going up and up and up," Kushel said. "You expect that, and it's horrendous."

The average age of death in the University of Pennsylvania study was 51 - more than 27 years younger than the average U.S. life expectancy during that time period.

All too often, it's someone she knew.

"It's really heartbreaking," she said, "when you know someone, and you know their humor, and you know their dreams, and you know their past history, and you know their ups and downs in life...And you're kind of in the trenches with them and their struggles. And then they die. It's just so disheartening. It's just so sad."

HOMELESSNESS JACK BRAGEN SHOULD NOT BE NORMALIZED FOR NEURODIVERGENT PEOPLE

The media has taught Americans to associate "mentally ill" with "homeless," and vice-versa. Politicians and authorities have brainwashed Americans to believe homelessness is caused by untreated mental disorders or a drug addiction. This is a sadly mistaken way of thinking, and it is promoted so that society can continue subjugating and otherwise mistreating those who are different.

But it is a half-truth. Some people are homeless and have a mental condition or drug addiction, but also homelessness can cause a person to develop mental illness or substance use disorder. Once unhoused, the mind is the first thing to go. It is a mix because there are some who don't treat a mental illness or substance use issue, which could lead to homelessness. Yet the mass media and people's thinking paint with too broad of a brush.

The causes of homelessness are often unrelated to noncompliance with medication. The rents are too high. There is precious little housing for those of very low income. To boot, anosognosia, or the condition of not recognizing one's own mental disorder, may not be the biggest cause of treatment noncompliance. The side effects of antipsychotics causing physical and mental suffering is a large motive to be noncompliant.

Members of the National Alliance on Mental Illness and other "advocacy" groups blame the victims and assert that mentally ill people become homeless by not taking their medication. Because of this misconception, programs have been hatched to force or otherwise cajole compliance, without providing very low-income housing. If there were a significant number of properties people could afford to rent while living on disability income, I believe it would put a massive dent in the bulk of chronic homelessness.

resultantly has issues with basic survival ability, they must rely on family as a safety net.

But if they don't have family that's able and willing to help, the next rung is institutionalization, either inpatient or outpatient. But if we have difficulty following the rules of the place we live, we could be booted out. Then what?

If you live in a group home, someone could take a dislike to you and could influence the owner into kicking you out. In such a setting, you are probably not protected by a lease or any tenants' rights, leaving zero protection against instantaneous homelessness.

We could be diligently taking our meds and participating in our treatment, but that doesn't necessarily produce a roof over our heads. Once displaced, if we don't have a method of getting our medicine, our food or anything else that is essential to mental and physical health, we fall through the cracks. Next thing you know, Gov. Gavin Newsom comes in on a white horse and puts us in front of a judge to compel us into treatment. Do we then become housed again after cycling through this?

The word "advocacy" has been twisted to mean something opposite what it once meant. Twenty or thirty years ago, "advocacy" was a catchword of the patients' rights movement. An advocate would fight for your civil and personal rights so that you would not be victimized by the treatment system. An advocate would stand up for you and could prevent you from being hospitalized under cruel and inhumane conditions. They could protect you against inappropriate forced treatment. They could get you out of a place where you truly do not belong.

The new "advocacy" meaning has been co-opted by medication proponents, and it has been changed to "treatment advocacy" where medication and other treatment are forced on patients, supposedly for the good of the patient. Sometimes, it truly is in the patient's interest to be medicated—I know it worked for me. Yet shouldn't the patient get a say in this? Shouldn't they be able to ask for different dosages or different medications? Couldn't they stay in a safe place and be supported while they try to face symptoms without being forcibly medicated?

The hospitals will say, "It's my way or the highway." If someone refuses medication and still retains his or her rights, they could be booted out of the hospital to fend for themselves on the street, unmedicated.

In a 2022 statement about his Care Court law, Newsom said, "We must act with urgency and accountability to address this crisis which currently leaves thousands of individuals living on our streets without the help they need."

To me, this "accountability" sounds more like punishment. Once again, we are blaming the victim.

Medication does not produce a place to live. Affordable rents and rental protections are the way to accomplish that. Once we have safe, secure, comfortable surroundings, medication could work to make a person get better. There are two factors: medication and environment. Both needs must be met.

The public should not assume that if you are neurodivergent, you are homeless or vice-versa. This assumption is a disservice, and it causes discrimination and other complications to lives already troubled.

Jack Bragen is a writer in the East Bay, and has indie books (fiction and self-help) available on Amazon.



As it stands, living on public benefits alone does not allow someone to be housed and independent. If we rely on these benefits, we must live in a subsidized living situation, which requires a number of flaming hoops to jump through to qualify. If someone is neurodivergent and







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